



Eco-Committee

The LSS Eco Committee was founded in 2018 under the aegis of Mrs Quartly-Watson and meets as an enrichment twice a week. One of our first major successes was in instigating plastic and can recycling in school but we have also had bird boxes installed, increased the planting of insect friendly plants on site, planted trees at Hart Field and are working on making the school single-use plastic free. One of our new initiatives is to write weekly articles in *The Weekly Word*. These could be tips on recycling or making your garden more wildlife friendly, or news of our activities or those of more global import.

Can I recycle this?

If you're not sure if something can be recycled, or where to take stuff to be re-cycled, then this website tells you what can and can't be recycled and allows you to check facilities by post code. <https://www.recyclenow.com/>

Think before you buy!

It's not always easy but try to keep these **6 Rs** in mind in your day to day lives and you'll be amazed at how much money you save and how much less you throw away.

Refuse	do you need it at all?
Reduce	do you need so much?
Reuse	Do you really need a new one?
Repair	lots of things can be fixed with a bit of glue or basic sewing skills
Re-purpose	Could you re-use it for another reason?
Recycle	Can it be recycled? Check https://www.recyclenow.com/

Recycling contact lenses and spectacles.

You can recycle disposable contact lenses at Boots and other opticians. More details here: <https://www.acuvue.co.uk/recycle>

You can check where you can donate spectacles for reuse here: <https://www.visionaidoverseas.org/recycling> Drop off points include Grays Opticians in Rugby and Specsavers.

Recycling bras.

Bras are expensive to make and often too expensive for many women in developing countries. Against Breast Cancer runs a bra collection scheme that reduces waste whilst helping women in less affluent countries, see <https://www.againstbreastcancer.org.uk/recycling/bra-recycling/> Beech Tree Medical Practice, near Caldecott Park, is a collection point.

Hedgehog routes and slugs

Hedgehogs are in serious decline in this country. One of the reasons for this is that they are forced out of gardens onto roads as garden boundaries are impenetrable. Creating an access route through your garden so hedgehogs can roam in more safety is an important you can help. 13cmx13cm is a big enough hole for a hedgehog. Hedgehogs are very useful in eating slugs – generally considered to be a gardener's

enemy, although of the 40 species of slug currently found in the UK only a few count as pests as the others eat only rotting vegetation or are carnivores.

Diamond Jubilee Wood

England is one of the least forested countries in Europe and the Woodland Trust, <https://www.woodlandtrust.org.uk/> is doing what it can to change that. In 2012, to help celebrate the Queen's Diamond Jubilee, the Woodland Trust instigated the creation of 60 Diamond Jubilee Woods nationally. One of these, created by Rugby Borough Council, is in the Rainsbrook Valley, just south of Ashlawn Road and behind the Rugby Crematorium. Access is from the Crematorium, Onley Lane or the Great Central Walk.

Approximately 50,000 young trees were planted there during 2012 and 2013 and the wood is growing well. <https://www.rugby.gov.uk/DiamondWood>

Litter and its consequences

People who drop litter often do so unthinkingly but the consequences for the environment and individual animals can be huge. This damage is obvious but there is an even bigger problem with plastic waste being ingested by animals world wide and affecting the food chain for generations to come. <https://www.theguardian.com/lifeandstyle/2017/feb/14/sea-to-plate-plastic-got-into-fish> We need to learn to use less, recycle more and discard what can't be recycled far more carefully.

